

A photograph of two men sitting together, looking down at a book they are holding. The man on the left is wearing glasses and a patterned short-sleeved shirt. The man on the right is wearing a light-colored long-sleeved shirt. The entire image has a teal color overlay.

**Every great champion
starts somewhere.**

Pray for a couple

1 One couple. One minute of prayer. Once a day. You will be amazed what God does when you pray consistently for a couple dealing with conflict, addiction, infidelity, or financial hardship. Marriage Champions pray with courage and use Scripture to align every request to His truth. So be bold in your prayers to the Lord. He is listening.



2

Babysit their young kids

Time is a rare commodity for married couples with young kids. Sometimes all they need is a shared, intentional pause, away from the constant care. Marriage Champions sacrifice that extra night off, knowing 2-3 hours can mean the world to a busy couple's marriage. (And if you really want to go big, pay for their date!)

3

Invite them to dinner or go on double date.

A married couple can do many things but is even stronger when threefold (Ecclesiastes 4:12). Hint—that means you. Marriage Champions add ‘cords’ to a couple, and have fun doing it, over dinner, adventure, hiking, whatever works! Whether you pursue a lifelong acquaintance or a couple you’ve just met, this investment is priceless.



4

Share your marriage story.

If you start with a double date, this is a natural next step, but it's okay if it takes you a few outings to 'go deep.'

When you do, they will be blessed. Maybe they simply feel less crazy for having a common issue. Or maybe they learn wisdom which alters the course of their marriage. Marriage Champions boldly share stories, knowing His story lies within.



5

Join their journey.

There are only two places in the Bible we are told to do something daily. Take up your cross daily (Luke 9:23) and encourage one another daily (Hebrews 3:13). A Marriage Champion isn't a professional relationship expert, it's someone who is passionate about marriage and commits to an authentic, daily pursuit of one couple. This person is a listener, adviser, prayer warrior, and encourager who finds time to be available. Are you that someone?



FOCUS ON THE FAMILY[®]

MARRIAGE
Champions